



Milk, grain, fruit, vegetables,  
meat or meat alternative

# LUNCH

Spring/Early Fall Cycle - Lunch  
LAYC ACADEMY 9 to 12 - Lunch



**Menu subject to change. For any feedback please  
contact us directly at [menu@luncherasdisi.com](mailto:menu@luncherasdisi.com)**

Monday	Tuesday	Wednesday	Thursday	Friday
04/07/2025 NO SCHOOL TODAY	04/08/2025 NO SCHOOL TODAY	04/09/2025 NO SCHOOL TODAY	04/10/2025 NO SCHOOL TODAY	04/11/2025 NO SCHOOL TODAY
04/14/2025 NO SCHOOL TODAY	04/15/2025 NO SCHOOL TODAY	04/16/2025 NO SCHOOL TODAY	04/17/2025 NO SCHOOL TODAY	04/18/2025 NO SCHOOL TODAY
04/21/2025 NO SCHOOL TODAY	04/22/2025 Beef Burger & WG Bun Vegan Burger (V/VG) Roasted Potatoes, Carrot & Cauliflower Medley Ketchup (ss) Bananas Choice of Milk	04/23/2025 Chicken Burrito Bowl w/Black Beans & Corn Meatless Chicken B.Bowl w Bl. Beans & Corn (VG/V) Sour Cream (ss) Grape Juice Choice of Milk	04/24/2025 Chicken & Tk. Bacon Pasta w/Tomato & Spinach Chicken Meatless Pasta w/Tomato & Spinach(V) Fresh Pears Choice of Milk	04/25/2025 BYO Turkey Nachos w/ Corn Tortilla Chips Pico de Gallo w/ Tomatoes & Onions Sour Cream (ss) Fresh Apples Choice of Milk
04/28/2025 Turkey Bolognese WG Pasta w/Parmesan Veggie Bolognese WG Pasta w/Parmesan Apples Cranberry Dried(ss)** Choice of Milk	04/29/2025 Breaded Chicken Nuggets Veggie Nuggets w/ WG Roll (V/VG) WG Biscuit Sweet Creamy Coleslaw BBQ Sauce (ss) Grape Juice Choice of Milk	04/30/2025 Ham Fried Rice w/ Green Peas & Carrots Veggie Fried Rice w/ Green Peas & Carrots Sliced Peaches Choice of Milk	05/01/2025 Turkey Meatballs WG Sub. w/Cheese Veggie Meatballs WG Submarine (V/VG) SautOed Collards Green Bananas Choice of Milk	05/02/2025 WG Cheese Pizza (V) Kale & Mixed Beans Salad Fresh Tangerines Choice of Milk

**Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request)**

**ALL MEALS INCLUDE: 1 cup of *FRESH FRUIT or 100% Juice* & 1 cup of vegetables daily**

**Locally Grown Components Daily Served:**

**According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Zucchini (MD/NC), Carrots (MD/PA), Cucumbers (PA), Romaine Lettuce (PA), Tomato (VA/PA/MD), Spinach (PA/MD), Peppers (PA/MD), Squash (PA/MD), Kale (MD), Mushrooms (PA), Broccoli (PA), Cabbage (PA/MD), Cauliflower (PA/MD), Potato (DE/PA), Collards Green (NC), Kale (MD/NC), Squash (PA/MD), Cabbage (PA/MD), Sweet Potato (NC).**

**\*Vegetarian (V) options available daily. Dairy - Free (DF), Gluten Free (GF), Vegan (VG) - Available Upon Request WG = Whole Grain WW = Whole Wheat**