



Milk, grain, fruit, meat or meat alternative

BREAKFAST



**Menu subject to change. For any feedback please
 contact us directly at menu@luncherasdisi.com**



Monday	Tuesday	Wednesday	Thursday	Friday
08/26/2024 Eggo Mini Maple WW Waffles (V) Maple Syrup (ss) Fresh Apples Choice of Milk	08/27/2024 Homemade Spiced WW Pear Bread (V) Fruit Punch Juice Choice of Milk	08/28/2024 Yoplait Yogurt & Granola (V) Bananas Choice of Milk	08/29/2024 WG White Bagel w/ Egg Fried & Cheese (V) Fresh Oranges Choice of Milk	08/30/2024 WG Sandwich w/ Jelly & Sunflower Butter (V/VG) Fresh Pears Choice of Milk
09/02/2024 NO SCHOOL TODAY	09/03/2024 Cereal WG Cheerios Yoplait Yogurt Bananas Choice of Milk	09/04/2024 WG English Muffin & Chicken Patty English Muffin w/ Meatless Patty (V/VG) Fruit Punch Juice Choice of Milk	09/05/2024 WW Taco Breakfast incl. (Egg, Cheese &Tkey Bacon) Taco Bk. w/Tofu,Vegan Ch. & Veggie Crumbles (V/VG) Fresh Apples Choice of Milk	09/06/2024 Carrot - Pineapple WG Loaf (V) Mozzarella Cheese Stick** Fresh Pears Choice of Milk
09/09/2024 Cinnamon Toast Crunch Cereal (V/VG) Yoplait Yogurt Fresh Apples Choice of Milk	09/10/2024 WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Maple Syrup (ss) Bananas Choice of Milk	09/11/2024 Egg Cheese Bite Round (V) WG Biscuit Cranberry Juice Choice of Milk	09/12/2024 WG Banana Muffin (V/DF) Fresh Oranges Choice of Milk	09/13/2024 Yogurt Crispy Cup Cereal w/ Peaches & Pineapple(V) Choice of Milk
09/16/2024 Cinnamon Soft Round Granola Bar (V) Fresh Apples Choice of Milk	09/17/2024 Waffle Omelet w/ Cheese & Turkey Bacon Waffle Omelet w/Cheese(V) WG Biscuit Bananas Choice of Milk	09/18/2024 Cereal Cheerios Multigrain (V/VG) Yoplait Yogurt Fresh Pears Choice of Milk	09/19/2024 WG French Toast Sticks (V/VG) Syrup Maple (ss) Fresh Tangerines Choice of Milk	09/20/2024 Banana Berry Yogurt WW Muffin (V) Fruit Punch Juice Choice of Milk
09/23/2024 Turkey Patty & WG Biscuit Veggie Patty & Biscuit -V Fresh Tangerines Cranberry Juice Choice of Milk	09/24/2024 Eggo Mini Maple WW Waffles (V) Maple Syrup (ss) Fresh Apples Choice of Milk	09/25/2024 Homemade Spiced WW Pear Bread (V) Fruit Punch Juice Choice of Milk	09/26/2024 Yoplait Yogurt & Granola (V) Fresh Pears Choice of Milk	09/27/2024 WG White Bagel w/ Egg Fried & Cheese (V) Bananas Choice of Milk

09/30/2024

WG Sandwich w/ Jelly &
Sunflower Butter (V/VG)
Fresh Pears
Choice of Milk

10/01/2024

WG Chai Cheesecake
Muffin (V)
Fresh Tangerines
Choice of Milk

10/02/2024

Cereal WG Cheerios
Bananas
Choice of Milk

10/03/2024

WG English Muffin
& Chicken Patty
English Muffin w/
Meatless Patty (V/VG)
Cranberry Juice
Choice of Milk

10/04/2024

Carrot - Pineapple
WG Loaf (V)
Mozzarella Cheese Stick**
Fresh Apples
Choice of Milk

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (upon request)

**Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on
Breakfast and/or Lunch menu: Apples (MD/PA/WV).**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), *Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

Aug 14, 2024