

Base Menu Spreadsheet

Weighted Values

Dec 2, 2024 thru Jan 3, 2025

Menu Name:	LAYC ACADEMY 9 to 12 - Lunch	Include Cost:	No
Site:		Report Style:	Detailed
Use Alternate Menu Name:	No		

Monday - 12/02/2024 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
991518 Caprese Pasta 9-12	serving	99	504	6.05	506	*11	*1	13.77	*0.00	30	75.89
992716 VG/DF- Caprese WG Pasta 1cup: R:3/4, OT:1/4	serving	1	4	0.10	7	*0	*0	0.15	*0.00	0	0.62
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15	*N/A*	0.25	0.00	0	20.58
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			685	6.94	644	*39	*1	15.42	*0.00	40	110.08
% of Calories				9.12%		*22.8%	*0.6%	20.3%	*0.0%		64.3%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Tuesday - 12/03/2024 Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
991084 Chicken Nuggets Breaded	4 pc (91 gr)	45	189	2.25	306	1	*0	10.80	0.00	36	10.80

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Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
991056 VG/DF - WG Roll	32 gr	45	72	0.00	153	2	*2	0.90	0.00	0	13.50
992785 Vegan Chicken Nuggets & WG Roll	5 Nuggets	5	41	0.19	80	1	*0	1.33	0.00	0	5.51
992283 Roasted Potatoes - .1cup: S:1 cup	1 cup	50	221	0.40	11	*0	*N/A*	4.83	0.00	0	40.98
991603 BBQ Sauce (ss)	0.44 oz	50	20	0.00	130	4	4	0.00	0.00	0	6.00
992551 TANGERINES,FRESH -1 cup (150 ct)	2 (150ct p/cs)	50	127	0.09	5	25	*N/A*	0.74	0.00	0	32.02
000190 Low Fat Milk - 1%	8 fl. oz.	25	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
000231 MILK,Skim	8 fl. oz.	25	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00
990556 Place Settings	1	50	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			770	3.68	815	*46	*6	19.85	0.00	46	121.81
% of Calories				4.30%		*23.9%	*3.1%	23.2%	0.0%		63.3%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Wednesday - 12/04/2024 Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
991736 Grilled Chicken & Rice (9-12)	2.87 oz	45	363	0.68	131	*0	*N/A*	5.76	*0.00	37	57.70
991866 V/VG- Grilled Chicken Meatless & Brown Rice	2.87 oz	5	43	0.02	27	*0	*0	0.63	*0.00	0	6.60
992765 Lentil Salad L: 1/2, R: 1/4, OT: 1/4 (9-12)	serving	50	324	1.14	51	*3	*N/A*	14.88	*0.00	0	36.95

Weighted Values

Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	50	84	0.03	1	14	*N/A*	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	25	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	25	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00
990556 Place Settings	1	50	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			914	2.62	341	*31	*0	22.72	*0.00	47	136.79
% of Calories				2.58%		*13.6%	*0%	22.4%	*0.0%		59.9%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Thursday - 12/05/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
992262 One Pot Chicken Fajita Pasta OT:1/2, R:1/2	serving	99	560	7.31	386	*5	*0	23.27	*0.00	52	66.40
992263 V/VG One Pot Chicken Fajita Pasta OT:1/2, R:1/2	serving	1	5	0.04	5	*0	*0	0.19	*0.00	0	0.65
990708 Fruit Punch, Juice	(2 HC)	100	120	0.00	10	24	0	0.00	0.00	0	28.00
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
991919 Soy Milk	8 fl	1	1	0.00	1	0	*N/A*	0.04	0.00	0	0.13

Base Menu Spreadsheet

Weighted Values

Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			786	8.11	532	*42	*0	24.75	*0.00	62	108.18
% of Calories				9.29%		*21.4%	*0%	28.3%	*0.0%		55.1%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Friday - 12/06/2024 Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
992564 BYO Turkey Nachos 9-12 (NO Vegetables)	SERVING	45	381	7.46	386	0	*0	20.46	0.00	73	33.30
992565 V-BYO VEGGIE Nachos 9-12 (NO Vegetables)	SERVING	5	42	0.70	62	0	*0	1.93	0.00	3	4.17
992720 VG/DF- BYO Veggie Nachos -9-12 Grade	SERVING	0	0	0.00	0	0	*0	0.00	0.00	0	0.00
990274 Pico de Gallo - R:1/4 , OT: 1/4	1/2 cup	50	42	0.03	15	5	*N/A*	0.09	0.00	0	9.45
990689 Romaine Lettuce - 1/2cup: DG: 1/2	1/2 cup	50	8	0.02	4	1	*N/A*	0.14	0.00	0	1.55
991695 SOUR CREAM,FAT FREE (SS)	1oz	50	25	0.00	30	2	*N/A*	0.00	0.00	0	4.00
991006 Banana - 1 cup (2 Bananas)	2 Bananas	50	210	0.26	2	29	*N/A*	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	25	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	25	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00

Base Menu Spreadsheet

Weighted Values

Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	50	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			808	9.22	628	*49	*0	24.65	0.00	86	119.37
% of Calories				10.27 %		*24.3%	*0%	27.5%	0.0%		59.1%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Monday - 12/09/2024 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
991114 Fiesta Rice Chicken R:1/2, S:1/2	serving	100	567	1.12	282	*8	*N/A*	12.35	0.00	41	89.71
991769 V/VG -Fiesta Rice veggie Chicken R:1/2, S:1/2	serving	1	6	0.00	4	*0	*0	0.10	0.00	0	0.92
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14	*N/A*	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			757	1.90	418	*36	*0	13.90	0.00	51	126.17
% of Calories				2.26%		*19.0%	*0%	16.5%	0.0%		66.7%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Tuesday - 12/10/2024 Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
990845 Chicken Salad Sandwich-1/2 Cup:R:1/4 DG:1/4	serving	99	282	0.94	470	*10	*0	3.49	*0.00	43	36.28
992034 V- Chicken Salad Sandwich (vegetarian)	serving	1	3	0.00	6	*0	*0	0.03	*0.00	0	0.39
992796 BROCCOLI FLORETS - Steamed DG: 1/2	1/2 cup	100	15	0.00	7	0	*N/A*	0.17	0.00	0	3.02
991584 DRESSING, RANCH SS CUP	1oz	100	130	2.00	180	1	*N/A*	14.00	0.00	10	1.00
992014 Cranberry, Dried Original (9-12)	2 (1.16oz)	100	220	0.00	0	48	*N/A*	0.00	0.00	0	56.00
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*N/A*	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			790	3.71	794	*81	*0	19.07	*0.00	63	119.98
% of Calories				4.23%		*41.0%	*0%	21.7%	*0.0%		60.7%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Wednesday - 12/11/2024 Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
992713 SPAGHETTI AND TURKEYMEAT SAUCE 1 cup: R: 1	1 CUP	45	378	2.17	103	*10	*0	10.57	*0.00	82	52.76

Base Menu Spreadsheet

Weighted Values

Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
991882 V/VG - SPAGHETTI AND TURKEYMEAT SAUCE - 9-12	1 CUP	5	36	0.01	27	*1	*0	0.47	*0.00	0	6.33
991006 Banana - 1 cup (2 Bananas)	2 Bananas	50	210	0.26	2	29	*N/A*	0.78	0.00	0	53.90
000190 Low Fat Milk - 1%	8 fl. oz.	25	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
000231 MILK,Skim	8 fl. oz.	25	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00
990556 Place Settings	1	50	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			724	3.20	263	*53	*0	13.07	*0.00	92	126.00
% of Calories				3.98%		*29.3%	*0%	16.2%	*0.0%		69.6%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Thursday - 12/12/2024 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
992788 Chicken Fajitas OT:1/4	2 fajitas	99	408	2.59	502	*2	*N/A*	20.27	0.00	40	34.82
992789 V/VG -Chicken Meatless Fajitas OT:1/4	2 fajitas	1	4	0.02	6	*0	*0	0.20	0.00	0	0.37
990877 Elote in Cups - S: 3/4 cup	3/4 CUP	100	173	1.32	204	*5	*0	20.32	*0.00	14	26.38
992727 VG/DF Elote in Cups - S: 3/4 cup	3/4 CUP	0	0	0.00	0	*0	*0	0.00	*0.00	0	0.00
991059 Cranberry Apple Juice	2 HC	100	120	0.00	0	24	*N/A*	0.00	0.00	0	26.00

Weighted Values

Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			805	4.68	842	*44	*0	42.05	*0.00	65	100.56
% of Calories				5.23%		*21.9%	*0%	47.0%	*0.0%		50.0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Friday - 12/13/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
992798 Chili hot dog, turkey + WG Bun L:3/4, OT:1/4	serving	99	406	6.07	1156	*10	*N/A*	16.48	*0.00	50	46.15
992799 V/VG-Chili Veggie hot dog, WG Bun L:3/4, OT:1/4	serving	1	3	0.03	10	*0	*0	0.07	*0.00	0	0.50
000222 KETCHUP: individual	9 gr	100	10	0.00	25	2	*N/A*	0.00	0.00	0	3.00
992551 TANGERINES,FRESH -1 cup (150 ct)	2 (150ct p/cs)	100	127	0.09	5	25	*N/A*	0.74	0.00	0	32.02
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
991919 Soy Milk	8 fl	50	65	0.25	55	6	*N/A*	2.25	0.00	0	6.50

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Weighted Values

Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			711	7.20	1381	*56	*0	20.80	*0.00	60	101.16
% of Calories				9.11%		*31.5%	*0%	26.3%	*0.0%		56.9%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Monday - 12/16/2024 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
992800 Turkey Meatballs w/rice & Black Beans L:1/2, R:1/2	serving -4 (MB)	99	615	4.46	823	7	*1	19.29	0.00	124	71.31
991756 Veggie Meatball, rice & Beans L:1/2, R:1/2	1 cup cooked	1	5	0.03	6	0	*0	0.11	0.00	0	0.81
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15	*N/A*	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			797	5.28	961	*35	*1	20.90	0.00	134	105.70
% of Calories				5.96%		*17.6%	*0.5%	23.6%	0.0%		53.0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Tuesday - 12/17/2024 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
992422 Baked Chicken Penne Pasta R: 1/2	serving	100	397	5.38	339	6	*1	12.35	*0.00	67	47.86
992423 V/VG Baked Chicken Penne Pasta R:1/2	3/4 cup	1	4	0.03	6	0	*0	0.10	0.00	0	0.55
992794 Roasted Zucchini OT: 1/2	serving	100	31	0.22	265	*1	*N/A*	2.55	*0.00	0	1.92
991024 ORANGES (2 oranges 113-125 ct) - 1 Cup	cup	100	123	0.04	0	24	*N/A*	0.31	0.00	0	30.78
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			656	6.42	740	*45	*1	16.56	*0.00	77	94.13
% of Calories				8.81%		*27.4%	*0.6%	22.7%	*0.0%		57.4%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Wednesday - 12/18/2024 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
992528 WG Sub Sloppy Joe - Turkey	SERVINGS	99	337	3.40	496	*11	*0	12.70	*0.00	77	39.03
992529 V- WG Sub Sloppy Joe - Turkey	SERVINGS	1	3	0.02	6	*0	*0	0.07	*0.00	0	0.43
990945 Roasted Potatoes & Broccoli DG:1/2, S:1/2	1 cup	100	136	0.33	20	*1	*N/A*	3.75	0.00	0	23.41
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	29	*N/A*	0.78	0.00	0	53.90

Base Menu Spreadsheet

Weighted Values

Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2	6.50
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8	6.50
991919 Soy Milk	8 fl	1	1	0.00	1	0	*N/A*	0.04	0.00	0	0.13
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			788	4.77	656	*54	*0	18.60	*0.00	87	129.90
% of Calories				5.45%		*27.4%	*0%	21.2%	*0.0%		65.9%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Thursday - 12/19/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Friday - 12/20/2024 Reimbursable Meal Total 1

Base Menu Spreadsheet

Weighted Values

Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Monday - 12/23/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Tuesday - 12/24/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Wednesday - 12/25/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Thursday - 12/26/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Friday - 12/27/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Monday - 12/30/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Tuesday - 12/31/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Wednesday - 01/01/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Thursday - 01/02/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

Friday - 01/03/2025 Reimbursable Meal Total 1

Weighted Values

Dec 2, 2024 thru Jan 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0			

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)
Weighted Averages		769	5	693	*47	*1	20.95	*0.00	70	115.37
% of Calories			6.10%		*24.4%	*0.5%	24.5%	*0.0%		60.0%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.