



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

Spring/Early Fall Cycle - Lunch
LAYC ACADEMY 9 to 12 - Lunch



Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com

Monday

06/02/2025

Corn Dog Chicken Mini WG
Veggie Hot Dog**
Roasted Potatoes
Ketchup (ss)
Fresh Tangerines
Choice of Milk

Tuesday

06/03/2025

One-Pan Turkey
WG Macaroni & Cheese
Veggie Macaroni (V)
Sweet Creamy Coleslaw
Fresh Oranges
Choice of Milk

Wednesday

06/04/2025

Chicken Enchiladas
Black Bean Dip
Sour Cream (ss)
Fresh Apples
Choice of Milk

Thursday

06/05/2025

Strawberry & Mix Greens
Salad w/Chicken & Feta C.
Strawberry & Mix Greens
Salad w/Meatless Chicken
WG Biscuit
Bananas
Choice of Milk

Friday

06/06/2025

Cheese Lunch Pizza w/
Chicken & Beef Pepperoni
Cheese Lunch Pizza (V)
Roasted Sweet Potatoes
Cranberry Juice
Choice of Milk

06/09/2025

Grilled Chicken
over Brown Rice
Grilled Chicken Meatless
over Brown Rice (V/VG)
Baked Plantains
Fresh Apples
Choice of Milk

06/10/2025

Beef Burger & WG Bun
Vegan Burger (V/VG)
Romaine, Tomato &
Cucumber Salad
Ketchup (ss)
Fresh Tangerines
Choice of Milk

06/11/2025

WG Italian Sub w/ T. Ham
T. Salami & T. Pepperoni
WG Sub w/Plant Based
Ham & Bacon (V)
Kale & Mixed Beans Salad
Fresh Pears
Choice of Milk

06/12/2025

WG Penne Pasta
& Beef Meatballs
WG Pasta & Veggie
Meatballs (V/VG)
Bananas
Choice of Milk

06/13/2025

Golden Crispy Chicken Tenders
WG Biscuit
Breaded Veggie Tender
w/ WG Roll (V/VG)
Roasted Cauliflower
& Potato Medley
Ketchup (ss)
Fruit Punch Juice
Choice of Milk

06/16/2025

Turkey Meatballs
WG Sub. w/Cheese
Veggie Meatballs
WG Submarine (V/VG)
Ranch Dressing (ss)
Roasted Cauliflower
& Carrots
Fresh Oranges
Choice of Milk

06/17/2025

Chicken Burrito Bowl
w/Black Beans & Corn
Meatless Chicken B.Bowl w
Bl. Beans & Corn (VG/V)
Sour Cream (ss)
Fresh Apples
Choice of Milk

06/18/2025

NO LUNCH

06/19/2025

NO SCHOOL TODAY

06/20/2025

Chicken & Tk. Bacon
Pasta w/Tomato & Spinach
Chicken Meatless Pasta
w/Tomato & Spinach(V)
Cranberry Juice
Choice of Milk

06/23/2025

Breaded Chicken Nuggets
Veggie Nuggets
w/ WG Roll (V/VG)
WG Biscuit
Fresh Spinach Salad
BBQ Sauce (ss)
Fresh Tangerines
Choice of Milk

06/24/2025

WG Cheese Pizza (V)
Balela Salad w/ Garbanzo,
Tomato & Cucumber
Bananas
Choice of Milk

06/25/2025

Ham Fried Rice w/
Green Peas & Carrots
Veggie Fried Rice w/
Green Peas & Carrots
Sliced Peaches
Choice of Milk

06/26/2025

Turkey Bolognese
WG Pasta w/Parmesan
Veggie Bolognese
WG Pasta w/Parmesan
Apples
Cranberry Dried(ss)**
Choice of Milk

06/27/2025

BYO Turkey Nachos
w/ Corn Tortilla Chips
Pico de Gallo
w/ Tomatoes & Onions
Sour Cream (ss)
Grape Juice
Choice of Milk

06/30/2025

Corn Dog Chicken Mini WG
Veggie Hot Dog**
Green Beans & Corn Medley
Ketchup (ss)
Fresh Oranges
Choice of Milk

07/01/2025

Chicken Enchiladas
Black Bean Dip
Sour Cream (ss)
Fresh Apples
Cranberry Dried(ss)**
Choice of Milk

07/02/2025

Turkey Meatballs
WG Sub. w/Cheese
Veggie Meatballs
WG Submarine (V/VG)
Sauteed Green Collards
Steamed Carrots
Bananas
Choice of Milk

07/03/2025

NO SCHOOL TODAY

07/04/2025

NO SCHOOL TODAY

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request)

ALL MEALS INCLUDE: 1 cup of *FRESH FRUIT or 100% Juice* & 1 cup of vegetables daily

Locally Grown Components Daily Served:

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Cucumbers (DE,VA,DE,MD), Romaine Lettuce (PA, MD), Spinach (MD), Peppers (DE), Kale (NJ), Broccoli (MD,NC, DE, PA), Potato (DE/PA), Collards Green (NC), Kale (MD,NC), Cabbage, (VA,MD,PA,DE), Sweet Potato (NC), Tomato (MD,DE),Cauliflower (PA,MD), Strawberries (MD,VA,DE).

***Vegetarian (V) options available daily. Dairy - Free (DF), Gluten Free (GF), Vegan (VG) - Available Upon Request WG = Whole Grain WW = Whole Wheat**