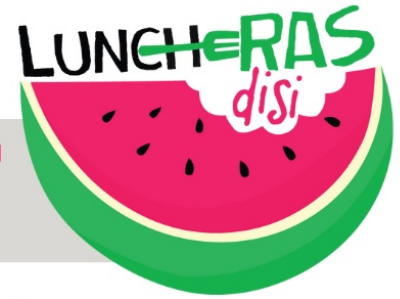




Milk, grain, fruit, meat or meat alternative

BREAKFAST



**Menu subject to change. For any feedback please
 contact us directly at menu@luncherasdisi.com**



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|
| 11/04/2024 Cereal WG Cheerios (V/VG) Yoplait Yogurt Fresh Apples Choice of Milk | 11/05/2024 WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Maple Syrup (ss) Fresh Pears Choice of Milk | 11/06/2024 Cinnamon Soft Round Granola Bar (V) Bananas Choice of Milk | 11/07/2024 WG Blueberry Muffin(V/DF) Fresh Peaches Choice of Milk | 11/08/2024 Egg Cheese Bite Round (V) WG Biscuit Cranberry Juice Choice of Milk |
| 11/11/2024 NO SCHOOL TODAY | 11/12/2024 Cereal Cheerios Multigrain (V/VG) Yoplait Yogurt Fresh Apples Choice of Milk | 11/13/2024 WG French Toast Sticks (V/VG) Syrup Maple (ss) Fresh Oranges Choice of Milk | 11/14/2024 Waffle Omelet w/ Cheese & Turkey Bacon Waffle Omelet w/Cheese(V) WG Roll Fruit Punch Juice Choice of Milk | 11/15/2024 WW Sweet Potato Muffin(V) Mozzarella Cheese Stick** Bananas Choice of Milk |
| 11/18/2024 Turkey Patty & WG Biscuit Veggie Patty & Biscuit -V Fruit Punch Juice Choice of Milk | 11/19/2024 Homemade WW Sweet Potatoes Waffles (V/VG) Syrup Maple (ss) Fresh Tangerines Choice of Milk | 11/20/2024 WG Bagel (V/VG) w/ Cream Cheese & Jelly Fresh Apples Choice of Milk | 11/21/2024 Yoplait Yogurt & Granola (V) Fresh Pears Choice of Milk | 11/22/2024 WG Sandwich w/ Jelly & Sunflower Butter (V/VG) Bananas Choice of Milk |
| 11/25/2024 NO SCHOOL TODAY | 11/26/2024 NO SCHOOL TODAY | 11/27/2024 NO SCHOOL TODAY | 11/28/2024 NO SCHOOL TODAY | 11/29/2024 NO SCHOOL TODAY |

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (upon request)

**Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on
Breakfast and/or Lunch menu: Apples (PA), Sweet Potato (NC), Blueberries (PA)**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), *Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

Oct 24, 2024