



Milk, grain, fruit, meat or meat alternative

BREAKFAST



**Menu subject to change. For any feedback please
 contact us directly at menu@luncherasdisi.com**



Monday	Tuesday	Wednesday	Thursday	Friday
10/07/2024 WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Maple Syrup (ss) Grape Juice Choice of Milk	10/08/2024 Egg Cheese Bite Round (V) WG Roll Fresh Apples Choice of Milk	10/09/2024 WG Blueberry Muffin(V/DF) Fresh Oranges Choice of Milk	10/10/2024 NO SCHOOL TODAY	10/11/2024 NO SCHOOL TODAY
10/14/2024 NO SCHOOL TODAY	10/15/2024 Waffle Omelet w/ Cheese & Turkey Bacon Waffle Omelet w/Cheese(V) WG Roll Fresh Tangerines Choice of Milk	10/16/2024 WG French Toast Sticks (V/VG) Syrup Maple (ss) Bananas Choice of Milk	10/17/2024 WW Sweet Potato Muffin(V) Mozzarella Cheese Stick** Fresh Pears Choice of Milk	10/18/2024 Turkey Patty & WG Biscuit Veggie Patty & Biscuit -V Fruit Punch Juice Choice of Milk
10/21/2024 Yoplait Yogurt & Granola (V) Fresh Tangerines Choice of Milk	10/22/2024 Homemade Spiced WW Pear Bread (V) Fresh Apples Choice of Milk	10/23/2024 Homemade WW Sweet Potatoes Waffles (V/VG) Syrup Maple (ss) Bananas Choice of Milk	10/24/2024 WG Sandwich w/ Jelly & Sunflower Butter (V/VG) Fresh Pears Choice of Milk	10/25/2024 WG Croissant w/ American Cheese(V) Fruit Punch Juice Choice of Milk
10/28/2024 Pillsbury Mini Cinnis Cinnamon (V) Fresh Pears Choice of Milk	10/29/2024 Banana Berry Yogurt WW Muffin (V) Mozzarella Cheese Stick** Fresh Tangerines Choice of Milk	10/30/2024 WG English Muffin & Chicken Patty English Muffin w/ Meatless Patty (V/VG) Fresh Apples Choice of Milk	10/31/2024 WW Taco Breakfast incl. (Egg, Cheese & Tkey Bacon) Taco Bk. w/Tofu,Vegan Ch. & Veggie Crumbles (V/VG) Grape Juice Choice of Milk	11/01/2024 Carrot - Pineapple WG Loaf (V) Go Gurts Bananas Choice of Milk

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (upon request)

**Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on
Breakfast and/or Lunch menu: Apples (PA), Sweet Potato (NC), Blueberries (PA)**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), *Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat