



Milk, grain, fruit, meat or meat alternative

BREAKFAST



**Menu subject to change. For any questions or comments
 please contact us directly at menu@luncherasdisi.com**



Monday	Tuesday	Wednesday	Thursday	Friday
01/05/2026 WG Lucky Charm Cereal Yoplait Yogurt Fresh Apples Choice of Milk	01/06/2026 Oatmeal Soft Round Banana Chocolate Chip (V) Fresh Pears Choice of Milk	01/07/2026 WW Sweet Potato Muffin(V) Mozzarella Cheese Stick** Fruit Punch Juice Choice of Milk	01/08/2026 WG French Toast Sticks (V/VG) Syrup Maple (ss) Bananas Choice of Milk	01/09/2026 Pillsbury Mini Cinnis Cinnamon (V) Fresh Oranges Choice of Milk
01/12/2026 Cinnamon Toast Crunch Cereal (V/VG) Yoplait Yogurt Fresh Pears Choice of Milk	01/13/2026 WG Choc. Chip Pancakes(V) Syrup Maple (ss) Bananas Choice of Milk	01/14/2026 Baked French Toast WW Muffin (V) Mozzarella Cheese Stick** Cranberry Juice Choice of Milk	01/15/2026 Apple Homemade Baked Oatmeal Bar (V) Fresh Oranges Choice of Milk	01/16/2026 Waffle Omelet w/ Cheese & Turkey Bacon Waffle Omelet w/Cheese(V) WG Biscuit Fresh Apples Choice of Milk
01/19/2026 NO SCHOOL TODAY	01/20/2026 Cereal Cheerios Multigrain (V/VG) Yoplait Yogurt Fresh Apples Choice of Milk	01/21/2026 Tk. Patty & WG Pancakes Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Fresh Pears Choice of Milk	01/22/2026 Pillsbury Breakfast Egg & Cheese Scrambler(V) Bananas Choice of Milk	01/23/2026 Homemade WW Gingerbread Muffin (V) Cranberry Juice Choice of Milk
01/26/2026 Cereal Cheerios Honey Yoplait Yogurt Fresh Pears Choice of Milk	01/27/2026 Pumpkin- Carrot WW Breakfast Loaf (V) Bananas Choice of Milk	01/28/2026 WG Pancake Bites Poffitz (V) Syrup Maple (ss) Cranberry Juice Choice of Milk	01/29/2026 WW Egg Burrito w/ Turkey Breast & Cheese WW Egg & Cheese Burrito (V) Fresh Apples Choice of Milk	01/30/2026 Turkey Patty & WG Biscuit Veggie Patty & Biscuit -V Fresh Oranges Choice of Milk

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (upon request)

**Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on
Breakfast and Lunch menu: Apples (PA/ VA /MD), Sweet Potato (NC).**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), *Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat