



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

Spring/Early Fall Cycle - Lunch
LAYC ACADEMY 9 to 12 - Lunch



Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com



Monday	Tuesday	Wednesday	Thursday	Friday
06/01/2026 Crispy Chicken Burger Vegan Burger (V/VG) Buttered Peas & Corn Ketchup (ss) Cranberry Juice Choice of Milk	06/02/2026 One Pot Chicken Fajita Pasta w/Rd. & Gr. Pepper Chicken Meatless Fajita WG Pasta(V/VG) Bananas Choice of Milk	06/03/2026 WG Jumbo Cheese Ravioli w/ Marinara Sauce (V) WG Garlic Knot Roll (V) Kale & Mixed Beans Salad Fresh Apples Choice of Milk	06/04/2026 Strawberry & Mix Greens Salad w/Chicken & Feta C. Strawberry & Mix Greens Salad w/Meatless Chicken WG Biscuit Fresh Pears Choice of Milk	06/05/2026 Golden Crispy Chicken Tenders Breaded Veggie Tender-VG WG Biscuit Roasted Potatoes, Carrot & Cauliflower Medley Ketchup (ss) Fresh Oranges Choice of Milk
06/08/2026 Buffalo Chicken WG Mac & Cheese Buffalo Chicken Meatless WG Mac & Cheese (V) Steamed Carrots Fresh Apples Choice of Milk	06/09/2026 Corn Dog Chicken Mini WG Veggie Nuggets (V/VG) WG Biscuit Green Beans & Corn Medley Ketchup (ss) Fresh Tangerines Choice of Milk	06/10/2026 WW Chicken Fajitas w/Green Peppers Ck. Meatless Fajita(V/VG) Cheesy Refried Beans Sour Cream (ss) Fresh Nectarines Choice of Milk	06/11/2026 WG Cheese Lasagna Rollup w/Marinara (V) Spaghetti & Plant Based Meat Sauce (V/VG) Steamed Broccoli Bananas Choice of Milk	06/12/2026 Turkey Hot Dog** on a WG Bun Vegan Burger (V/VG) Roasted Potatoes Ketchup (ss) Relish Pickle Sweet (ss) Fruit Punch Juice Choice of Milk
06/15/2026 Chinese Chicken Fried Rice w/Corn,Peas, G Beans Chicken Meatless Fried Rice w/Corn,Peas, G Beans Soy Sauce Light (ss) Fruit Punch Juice Choice of Milk	06/16/2026 Cheese Beef Burger & WG Bun Vegan Burger (V/VG) Roasted Broccoli & Potato Medley Mustard, Yellow SS Pouch Ketchup (ss) Fresh Tangerines Choice of Milk	06/17/2026 Stuffed Crust Pizza w/ Cheese (V) Chickpea Salad w/cucumber tomato & feta cheese Fresh Apples Choice of Milk	06/18/2026 Baked Chicken Penne Pasta w/ Zucchini Baked Chicken Meatless Pasta w/Zucchini (V) Bananas Choice of Milk	06/19/2026 NO SCHOOL TODAY
06/22/2026 Grilled Chicken over Brown Rice Grilled Chicken Meatless over Brown Rice (VG/DF) Green Beans & Corn Medley Fresh Peaches Choice of Milk	06/23/2026 Chicken & Tk. Bacon Pasta w/Tomato & Spinach Chicken Meatless Pasta w/Tomato & Spinach(V) Bananas Choice of Milk	06/24/2026 WW Turkey Tacos Al Pastor WW Veggie Tacos (V/VG) Black Bean, Corn & Tomato Salad Sour Cream (ss) Hot sauce (ss) Fresh Apples Choice of Milk	06/25/2026 Cheese Lunch Pizza w/ Chicken & Beef Pepperoni Cheese Lunch Pizza (V) Garlic Roasted Potatoes Fruit Punch Juice Choice of Milk	06/26/2026 Chicken Nuggets Veggie Nuggets (V/VG) WG Biscuit Roasted Sweet Potatoes BBQ Sauce (ss) Fresh Strawberries Choice of Milk

06/29/2026

One Pot Chicken Fajita
Pasta w/Rd. & Gr. Pepper
Chicken Meatless
Fajita WG Pasta(V/VG)
Fresh Apples
Choice of Milk

06/30/2026

Crispy Chicken Burger
Vegan Burger (V/VG)
Roasted Broccoli & Carrot
Ketchup (ss)
Fruit Punch Juice
Choice of Milk

07/01/2026

BYO Turkey Nachos
w/ Corn Tortilla Chips
Black Bean, Corn
& Tomato Salad
Sour Cream (ss)
Fresh Tangerines
Choice of Milk

07/02/2026

NO SCHOOL TODAY

07/03/2026

NO SCHOOL TODAY

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request)**

ALL MEALS INCLUDE: 1 cup of FRESH FRUIT or 100% Juice & 1 cup of vegetables daily

Locally Grown Components Daily Served :

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Green Beans (DE), Potato (PA), Sweet Potato (NC/PA), Green Peas (NJ), Corn (NJ), Kale (NJ), Collards Green (NJ), Peppers (PA)

***Vegetarian (V) options available daily. Dairy - Free (DF), Gluten Free (GF), Vegan (VG) - Available Upon Request WG = Whole Grain WW = Whole Wheat**

May 19, 2026