



Milk, grain, fruit, vegetables,  
meat or meat alternative

# LUNCH

Spring/Early Fall Cycle - Lunch  
LAYC ACADEMY 9 to 12 - Lunch



Menu subject to change. For any feedback please  
contact us directly at [menu@luncherasdisi.com](mailto:menu@luncherasdisi.com)



| Monday                                                                                                                                                             | Tuesday                                                                                                                                                                                      | Wednesday                                                                                                                                                                             | Thursday                                                                                                                                                                                         | Friday                                                                                                                                                        |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>03/02/2026</b><br>Latin Rice & Bk. Beans<br>Veggie Latin Rice & Beans<br>Fresh Apples<br>Choice of Milk                                                         | <b>03/03/2026</b><br>Cheese Lunch Pizza w/<br>Chicken & Beef Pepperoni<br>Cheese Lunch Pizza (V)<br>Roasted Potatoes<br>Bananas<br>Choice of Milk                                            | <b>03/04/2026</b><br>Grilled Chicken<br>over Brown Rice<br>Grilled Chicken Meatless<br>over Brown Rice (VG/DF)<br>Collards Green<br>& Tomato Salad<br>Fresh Oranges<br>Choice of Milk | <b>03/05/2026</b><br>Crispy Chicken Burger<br>Vegan Burger (V/VG)<br>Ketchup (ss)<br>Roasted Sweet Potatoes<br>& Cauliflower<br>Fresh Pears<br>Choice of Milk                                    | <b>03/06/2026</b><br>Chili Flavor Turkey<br>Tomato Macaroni<br>Chili Flavor Meatless<br>Tomato Macaroni<br>Fruit Punch Juice<br>Choice of Milk                |
| <b>03/09/2026</b><br>Jerk Chicken & Brown Rice<br>Jerk Chicken Meatless<br>& Brown Rice (V/VG)<br>Sauteed Green Collards<br>Fresh Apples<br>Choice of Milk         | <b>03/10/2026</b><br>Golden Crispy Chicken Tenders<br>Breaded Veggie Tender-VG<br>WG Biscuit<br>Garlic Roasted Potatoes<br>BBQ Sauce (ss)<br>Bananas<br>Choice of Milk                       | <b>03/11/2026</b><br>Chicken Enchiladas<br>Veggie Enchiladas (V)<br>Black Beans w/ Tomato<br>& Corn Salad<br>Fresh Pears<br>Choice of Milk                                            | <b>03/12/2026</b><br>Buffalo Chicken<br>WG Mac & Cheese<br>Buffalo Chicken Meatless<br>WG Mac & Cheese (V)<br>Kale Salad w/ Cucumber<br>& Tomatoes (V/VG)<br>Fruit Punch Juice<br>Choice of Milk | <b>03/13/2026</b><br>Turkey Hot Dog**<br>on a WG Bun<br>Vegan Burger (V/VG)<br>Roasted Sweet Potatoes<br>Ketchup (ss)<br>Fresh Tangerines<br>Choice of Milk   |
| <b>03/16/2026</b><br>Corn Dog Chicken Mini WG<br>Veggie Nuggets (V/VG)<br>WG Biscuit<br>Green Beans & Corn Medley<br>Ketchup (ss)<br>Fresh Pears<br>Choice of Milk | <b>03/17/2026</b><br>Spanish B. Rice w/Chicken<br>Kidney Beans & Tomato<br>B.Rice w/Chicken Meatless<br>Kidney Bean & Tomato V/VG<br>Cranberry Dried(ss)**<br>Fresh Apples<br>Choice of Milk | <b>03/18/2026</b><br>Chipotle BBQ Pulled<br>Chicken WG Slider<br>Chipotle BBQ Meatless<br>WG Slider (V/VG)<br>Sweet Creamy Coleslaw<br>Fresh Oranges<br>Choice of Milk                | <b>03/19/2026</b><br>Baked Chicken Penne Pasta<br>w/ Zucchini<br>Baked Chicken Meatless<br>Pasta w/Zucchini (V)<br>Bananas<br>Choice of Milk                                                     | <b>03/20/2026</b><br>Stuffed Crust Pizza<br>w/ Cheese (V)<br>Collards Green<br>& Tomato Salad<br>Fruit Punch Juice<br>Choice of Milk                          |
| <b>03/23/2026</b><br>Chinese Chicken Fried<br>Rice w/Corn,Peas, G Beans<br>Chicken Meatless Fried<br>Rice w/Corn,Peas, G Beans<br>Fresh Apples<br>Choice of Milk   | <b>03/24/2026</b><br>Chicken Nuggets<br>Veggie Nuggets (V/VG)<br>WG Biscuit<br>Roasted Broccoli<br>& Potato Medley<br>Honey Mustard Sauce (ss)<br>Fresh Tangerines<br>Choice of Milk         | <b>03/25/2026</b><br>WW Turkey Tacos<br>Al Pastor<br>WW Veggie Tacos<br>Al Pastor (V/VG)<br>Black Bean, Corn<br>& Tomato Salad<br>Sour Cream (ss)<br>Bananas<br>Choice of Milk        | <b>03/26/2026</b><br>Chicken & Tk. Bacon<br>Pasta w/Tomato & Spinach<br>Chicken Meatless Pasta<br>w/Tomato & Spinach(V)<br>Grape Juice<br>Choice of Milk                                         | <b>03/27/2026</b><br>BYO Turkey Nachos<br>w/ Corn Tortilla Chips<br>Pico de Gallo<br>w/ Tomatoes & Onions<br>Sour Cream (ss)<br>Fresh Pears<br>Choice of Milk |

03/30/2026

NO SCHOOL TODAY

03/31/2026

Latin Rice & Bk. Beans  
Veggie Latin Rice & Beans  
Cranberry Dried(ss)\*\*  
Fresh Pears  
Choice of Milk

04/01/2026

Cheese Lunch Pizza w/  
Chicken & Beef Pepperoni  
Cheese Lunch Pizza (V)  
Roasted Potatoes  
& Cauliflower Medley  
Bananas  
Choice of Milk

04/02/2026

Grilled Chicken  
over Brown Rice  
Grilled Chicken Meatless  
over Brown Rice (VG/DF)  
Collards Green  
& Tomato Salad  
Fresh Oranges  
Choice of Milk

04/03/2026

NO SCHOOL TODAY

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request)**

**ALL MEALS INCLUDE: 1 cup of FRESH FRUIT or 100% Juice & 1 cup of vegetables daily**

**Locally Grown Components Daily Served :**

**According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Cucumbers (DE,VA,DE,MD,PA), Romaine Lettuce (PA, MD), Spinach (MD), Peppers (DE,VA,PA,MD), Broccoli (VA,PA), Potato (MD,PA), Collards Green (NC), Kale (MD,NC,NJ), Cabbage, (VA,MD,PA,DE,VA), Sweet Potato (NC), Tomato (MD,DE,PA,VA,NC),Cauliflower (PA,MD), Eggplant (VA,PA,NJ,DE/MD), Zucchini (NC), Carrots (PA,NJ,MD), Onions (PA), Squash summer (NC,VA,MD,PA,DE)**

**\*Vegetarian (V) options available daily. Dairy - Free (DF), Gluten Free (GF), Vegan (VG) - Available Upon Request WG = Whole Grain WW = Whole Wheat**

Feb 19, 2026