



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

Spring/Early Fall Cycle - Lunch
LAYC ACADEMY 9 to 12 - Lunch



**Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com**

Monday	Tuesday	Wednesday	Thursday	Friday
05/04/2026 Crispy Chicken Burger Vegan Burger (V/VG) Buttered Peas & Corn Ketchup (ss) Fruit Punch Juice Choice of Milk	05/05/2026 WG Jumbo Cheese Ravioli w/ Marinara Sauce (V) WG Garlic Knot Roll (V) Steamed Carrots Fresh Apples Choice of Milk	05/06/2026 Jerk Chicken & Brown Rice Jerk Chicken Meatless & Brown Rice (V/VG) Green Beans & Broccoli BBQ Sauce (ss) Fresh Tangerines Choice of Milk	05/07/2026 WW Chicken Fajitas w/Green Peppers Ck. Meatless Fajita(V/VG) Cheesy Refried Beans Sour Cream (ss) Bananas Choice of Milk	05/08/2026 Golden Crispy Chicken Tenders Breaded Veggie Tender-VG WG Biscuit Garlic Roasted Potatoes Ketchup (ss) Fresh Oranges Choice of Milk
05/11/2026 Buffalo Chicken WG Mac & Cheese Buffalo Chicken Meatless WG Mac & Cheese (V) Steamed Carrots Cranberry Juice Choice of Milk	05/12/2026 Corn Dog Chicken Mini WG Veggie Nuggets (V/VG) WG Biscuit Green Beans & Corn Medley Ketchup (ss) Bananas Choice of Milk	05/13/2026 Cheese Beef Burger & WG Bun Vegan Burger (V/VG) Sweet Creamy Coleslaw Fresh Oranges Choice of Milk	05/14/2026 WG Cheese Lasagna Rollup w/Marinara (V) Spaghetti & Plant Based Meat Sauce (V/VG) Steamed Broccoli Fresh Apples Choice of Milk	05/15/2026 Turkey Hot Dog** on a WG Bun Vegan Burger (V/VG) Chickpea Salad w/cucumber tomato & feta cheese Ketchup (ss) Sliced Peaches Choice of Milk
05/18/2026 Chinese Chicken Fried Rice w/Corn,Peas, G Beans Chicken Meatless Fried Rice w/Corn,Peas, G Beans Soy Sauce Light (ss) Grape Juice Choice of Milk	05/19/2026 Baked Chicken Penne Pasta w/ Zucchini Baked Chicken Meatless Pasta w/Zucchini (V) Bananas Choice of Milk	05/20/2026 Chicken Nuggets Veggie Nuggets (V/VG) WG Biscuit Roasted Broccoli & Potato Medley BBQ Sauce (ss) Fresh Tangerines Choice of Milk	05/21/2026 WW Turkey Tacos Al Pastor WW Veggie Tacos (V/VG) Black Bean, Corn & Tomato Salad Sour Cream (ss) Hot sauce (ss) Fresh Apples Choice of Milk	05/22/2026 Stuffed Crust Pizza w/ Cheese (V) Collards Green & Tomato Salad Fresh Pears Choice of Milk
05/25/2026 NO SCHOOL TODAY	05/26/2026 NO SCHOOL TODAY	05/27/2026 NO SCHOOL TODAY	05/28/2026 NO SCHOOL TODAY	05/29/2026 NO SCHOOL TODAY

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request)**

ALL MEALS INCLUDE: 1 cup of FRESH FRUIT or 100% Juice & 1 cup of vegetables daily

Locally Grown Components Daily Served :

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Green Beans (DE), Potato (PA), Sweet Potato (NC/PA), Green Peas (NJ), Corn (NJ), Kale (NJ), Collards Green (NJ), Peppers (PA)

***Vegetarian (V) options available daily. Dairy - Free (DF), Gluten Free (GF), Vegan (VG) - Available Upon Request WG = Whole Grain WW = Whole Wheat**